

# Foot Clinic

## CONDITIONS TREATED

- Achilles Tendonitis • Arch Pain / Arch Strain • Athlete's Foot • Bunions (Bunionettes)
- Callouses / Corns • Claw Hammer Mallet Toes • The Diabetic Foot • Heel Pain • Heel Spurs
- Ingrown Toenail • Knee Pain • Metatarsalgia • Morton's Neuroma • Morton's Toe • Neuropathy
- Overlapping Toes • Over Pronation (Flat Feet) • Plantar Fasciitis • Post-tib Tendonitis
- Sports Injuries • Shin Splints • Verrucae

## SERVICES INCLUDE

- Gait Analysis • FootScan • Orthoses

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## Athletes Foot

Athlete's Foot is a fungal infection. So called because it is common in athletes or those taking part in sports on a regular basis. It is normally caught in changing rooms or showers because the fungus likes a moist environment. When it infects the skin it is much easier to treat than when it infects the nails. Symptoms involve dry flaky skin which is very itchy especially in between the toe spaces. The condition can be uncomfortable and sometimes painful. Most people seek professional help because it is cosmetically unsightly. The condition can result in permanent deformity of the nails if left untreated

